

The Turtle Trot

a 5-K run at Merry Lea
Environmental Learning Center of Goshen College

Saturday, May 15, 2010
10 a.m., Farmstead Site



Registration opens at 9:15. Please arrive by 9:30 a.m.

COURSE:

Begin at Merry Lea's Farmstead and run on unpaved trails winding past wetlands, woodlands and prairies.

AWARDS:

Best times for male and female adults; ages 11 - 15, 10 and under and most unusual nature sighting while running. Also, in honor of turtles, there will be a special something for our last place finisher.

SHIRTS: Runners will receive a Turtle Trot t-shirt featuring the turtle mascot pictured above. Indicate size below. Please register by May 1 to insure correct size.

REFRESHMENTS: Light snacks will be provided following the race.

ENTRY FEES: Note that the Turtle Trot is part of our annual NatureFest, a family-friendly bash with outdoor activities including canoeing, geocaching, hikes, seminars. See <http://www.goshen.edu/merrylea/merrynews/Upcoming.php> for more information on NatureFest.

Turtle Trot only-\$15.00 includes T-shirt.

Turtle Trot plus Nature Fest-\$25.00 adults; NatureFest is free to kids under 18 who run the Turtle Trot.

-----To register, cut and return this form-please print. -----

TURTLE TROT REGISTRATION

Name: _____ Phone: _____

E-mail Address: _____ Sex: _____ Age: _____

Emergency Contact Name and phone # _____

Shirt Size: (circle) S M L XL Event: Turtle Trot or Turtle Trot/Nature Fest, amount enclosed: _____

PLEASE READ AND SIGN RELEASE: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in races, including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity or lightning, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver, I waive and release the Merry Lea Environmental Learning Center of Goshen College from all claims or liabilities of any kind arising out of my or my child's participation in this event even though that liability may arise out of carelessness on the part of the persons named in the waiver. I grant permission to Merry Lea to take photographs of myself or my child for PR purposes.

Signature: _____ Date: ____/____/____

Please include your registration fee and return form by May 1. Make checks payable to Merry Lea.

Mail completed form and fee to: Merry Lea, P.O. Box 263, Wolf Lake, IN 46796 Attn: Jennifer Schrock